



Immigration Essentials for EMU Students

Protect Your Personal Information

- Share your immigration status or other sensitive details only when absolutely necessary.
- Be cautious about what you post online or on social media.

Know Your Rights

- You may remain silent and request legal representation if approached by immigration authorities.
 - You can decline interviews, photos, or videos. Say “don’t take my picture” or “am I free to go?” and (if yes to am I free to go) walk away without running or fighting. Call for help if you feel unsafe.
- If you receive threatening phone calls, do not respond; record the number and details, then end the call.
- If harassed through text or social media, do not respond; keep records and report concerns to Campus Safety.

Keep Important Documents Secure

- Carry copies of key documents and



safely; ensure a
knows where they

are.

- Do not share personal information (e.g., SSN, birthdate, bank details) with unknown callers or emailers.
- Use strong, unique passwords for your phone, email, and online accounts.

Have an Emergency Plan

- Identify trusted contacts who can help in emergencies.
For 24/7 safety needs, call Campus Safety at 540-432-4911.
- Memorize essential phone numbers.

Stay Alert in Public Spaces

- Be aware of your surroundings and avoid unsafe situations.
- Travel with others when possible.

Stay Connected

- Keep in contact with trusted friends, family, or mentors.
- For support with F-1 or J-1 status, contact Micah Shristi at micah.shristi@emu.edu.
- To report incidents, including bias, visit emu.edu/safecampus.
- Engage in campus and community activities to build a support network.

SUPPORTING MENTAL HEALTH AMID

UNCERTAIN IMMIGRATION STATUS - A guide from Presidents'

Alliance on Higher Education and Immigration

<https://www.presidentsalliance.org/>

Questions? Email studentlife@emu.edu