

When would I consider making a CARE Team report, or encouraging a student to make a self report to the CARE Team?

Are you observing that the student...

- seems to be struggling with situational stressors (in class or out of class)?
- has a number of minor conflicts or tends to distance themselves from others inappropriately?
- is inconsistent in their attention to class or assignments?
- is increasingly isolated, unkempt, irritable, or disconnected
- seems to lack connection to resources and meaningful support?

Do you observe significant changes in/with the student?

- increases in stress and anxiety, repeated illness, evident increase in hopelessness
- large shifts in students behavior or mood
- significant changes in physical appearance, excessive fatigue
- deterioration in quantity or quality of work, increased disorganization
- deterioration of academic, social, or athletic performance

Is there an increased sense of urgency given what you are observing?

- erratic, dangerous, aggressive, or disconnected affect
- expresses inability or hopelessness to care for self
- observable evidence of alcohol or drug over use
- expresses thoughts of harm to self or others
- stops communicating regarding class or assignments or social activities

Levels of care beyond this are considered emergencies and should be directed to 911 or Campus Safety and Security at 540-432-4911.