

SUTER SCIENCE SEMINARS 2025-26

Checking In: Updates from a Surgeon in Training

Grayson Mast '18, MD, RES

General Surgery Resident

Macon & Joan Brock Virginia Health Sciences

Old Dominion University

Norfolk, VA



Friday, March 13, 2026

10:15 a.m. • Suter Science Center room 106

Dr. Mast's presentation will focus on the pathway to becoming a surgeon, describing his day-to-day experience, and an overview of his clinical research. He will also discuss the importance that his time at Eastern Mennonite University had in shaping his worldview, practice of medicine, and approach to patient care. He hopes it will inspire current Pre-Professional Health Science students in the same way the Suter Science Seminar Series did when he was a student.

Dr. Grayson Mast is a current Surgical Critical Care Fellow through the Macon and Joan Brock Virginia Health Sciences at Old Dominion University program, formerly known as Eastern Virginia Medical School. He has completed three of his five years of training in General Surgery and will complete the remainder of this training after this year. He is a proud graduate of Eastern Mennonite University's class of 2018, having majored in biology with minors in chemistry and psychology. He received his medical degree in 2022 from West Virginia University School of Medicine.



Suter Science Center
1194 Park Rd.
Harrisonburg VA 22802
540-432-4400