

Treating Childhood Abuse and Trauma: A Trauma-Focused Play Therapy Approach



Sueann Kenney-Noziska, MSW, LCSW, RPT-S, is a Licensed Clinical Social Worker and Registered Play Therapist Supervisor with over 20 years of experience in the field who specializes in using play therapy in clinical practice with abused and traumatized children, adolescents, and their families. As part of her clinical work, she provides outpatient psychotherapy to those impacted by childhood abuse, maltreatment, and other traumatic events. Sueann is internationally recognized and has presented throughout the United States as well as across the globe including places such as Japan, China, Jamaica, Estonia, and England. She has developed many trauma-informed interventions for clinical work with abused and traumatized children and adolescents, is a contributing author to multiple publications, and has testified as an expert witness in the areas of child abuse and trauma at both the state and federal levels. Sueann serves on the International Society for the Prevention of Child Abuse and Neglect's (ISPCAN) working group on child sexual victimization, exploitation, and trafficking, is a participant in the American Professional Society on the Abuse of Children's (APSAC) children's mental health section group, and the National Center for Missing and Exploited Children's Family Advocacy & Outreach Network.

Schedule

Friday, April 14th, 2023

8:00am - 4:15pm

Martin Chapel

EMU

6 CE hours available

Workshop Description:

A trauma-focused play therapy approach for treating childhood abuse and trauma will be presented. The use of posttraumatic play with children will be discussed. Trauma-informed play therapy interventions founded on components of evidence-based treatments per the National Child Traumatic Stress Network (NCTSN) and as contained in the Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) protocol will be provided. Clinical examples will be included.

This workshop is designed to combine literature, research, and clinical practice. An emphasis will be placed on providing and linking play therapy interventions to components of trauma treatment for victims of childhood abuse and trauma across modalities including individual, family, dyadic, and group therapy.

Lecture and case examples will provide participants with a comprehensive learning experience.

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Following the workshop, participants will be able to:

1. Define integrative play therapy
2. Describe how posttraumatic play can be used in clinical practice with children who have been abused and traumatized
3. Identify core components of trauma treatment as defined by the National Child Traumatic Stress Network (NCTSN) and as contained in the Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) protocol
4. Link specific trauma-informed play therapy interventions to core components of trauma treatment
5. Possess trauma-informed interventions for use in individual, family, dyadic, and/or group therapy with victims of childhood abuse and trauma
6. Discuss cultural considerations which impact play therapy treatment with abused and traumatized children and adolescents



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Workshop Agenda:

8:00am – 8:30am	Sign-in and networking
8:30 – 9:30	Traumatic events and their impact on children and adolescents
9:30 – 10:15	Clinical considerations and a review of current research/studies
10:15 – 10:30	Break
10:30 – 12:00	Posttraumatic play including clinical examples
12:00 – 1:15	Lunch
1:15 – 2:45	Trauma-focused play therapy interventions
2:45 – 3:00	Break
3:00 – 3:30	Trauma-focused play therapy interventions cont.
3:30 – 4:05	Cultural considerations
4:05pm – 4:15pm	Questions, closing remarks, and evaluations

Registration is open to all. Visit <https://emu.edu/graduate-counseling/continuing-ed> to fill out the registration form
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