

# MAC NEWS

Everything You Need To Know

August 2018

## Brief History Of Our Program

The Master of Arts in Counseling program, founded in 1993, was the **first** non-seminary graduate program of Eastern Mennonite University. The primary guidance for program objectives was the CACREP standards, and the program was designed from the start to meet CACREP standards.

## Our Mission Statement

The MA in counseling program strives to achieve the **highest standards of training** for clinical mental health counselors emphasizing **professionalism, counselor identity formation**, reflective self-awareness and exploration of spirituality and values in a **community environment**.



## Student Objectives

Be prepared academically and possess the requisite clinical and professional skills to begin work as Resident in Counseling (the name given to the graduate completing supervision hours before licensure) toward professional counseling licensure;

Meet program expectations in the areas of professional responsibility, theoretical and procedural knowledge, and personal and professional development; be an informed member of the relevant professional organization(s);

Utilize self-examination and supervision effectively to improve counseling effectiveness; and

Have internalized and be able to articulate an effective and theoretically grounded clinical mental health counselor identity; convey effective ways to take care of themselves in this difficult work, experiencing joy and a sense of purpose in their counseling calling.

*"Education is the most powerful weapon we can use to change the world."*

- Nelson Mandela



Cohort of 2017



# Department Information



## MAC Equipment

**Photocopier** – Located in the main lobby area. You will need your copier code which can be found at myEMU. Go to <https://my.emu.edu/ics> and login (top right corner of the page) with your username and password. Click the “Directory” tab, then the “My Personal Information” tab. You will see a 4 digit copier code. Add these four numbers to the end of your student ID number and that is your complete copier code. If you need to find out how much money is left of your account please contact the helpdesk (4357) or the circulation desk in the library (4182). The circulation desk is also able to add money to your account.

**Computers** – There are 2 computers at the north end of the hallway for student use. Computer policies are posted by the computers.



**What Number Do I Call** – If you are late or cannot make it to class call Amanda at 540-432-4243 or the professor (depending on the professor's preference)

**In the event of an EMERGENCY call 911 first (from personal phone) or 9911 from a campus phone. Then contact campus emergency services at 4911 from a campus phone or 540-432-4911 from a cell phone.**



## MAC Coffee

There is a coffee maker located down the hall in our small kitchen area. Our department will supply coffee/sugar/creamer along with an assortment of tea. Please bring a mug from home to use and put your name on the bottom. Do not leave mugs sitting around the lounge, classroom, or sink. Take them to the sink and wash them after each use. You may store them in the cabinets or in your mailboxes.

**REMEMBER:** If you choose to go upstairs for your coffee/tea/sugar/creamer it is your responsibility to make a donation to the Seminary coffee/tea fund.

# Department Information

## Room Reservations

If you need to reserve a classroom on the lower level please see Amanda. There is a schedule for the counseling labs in the 3-ring binder in the waiting area of the labs. You will be further introduced to this by your faculty.



## Study Rooms

There are study carrels in the study room on the first floor available to seminary and MAC students. The seminary receptionist makes those reservations. There are also lockers in the study room for your use.

## Bulletin Boards

Give items for the bulletin boards to Amanda for approval. You can find birthday information, daily messages, prayer requests, and general announcements on the bulletin board.

## Student/Faculty Mailboxes

Your mailbox is located behind door 54a by the lounge. Campus mail runs once in the morning. There is an outgoing mail basket at the end of Amanda's desk.

Each faculty member has a mailbox on the bookshelf in Amanda's office.

## DVD/VHS/Book Library

Our small library of resources is located in the main office. We abide by the honor system. Please pull the card from the item you would like to borrow. Write your name on it along with a due date (1 week from the day) and then file it (by your last name) in the small file box provided. Please be mindful that others need to use these resources as well.

## Care For Our Space

Throughout the semester we hold several events in our department. Please do your part to keep our space looking neat, warm and inviting.



Let's Do Lunch!!!

Be sure to watch your email for important information regarding our monthly student potlucks!!

## Climate Control

We suggest you wear layers!!



# Student Services and Information

## EMU Counseling Center

Whether you are a first year student a senior or a graduate student – life often presents us with challenges! Sometimes having a safe person and place to take those challenges makes all the difference in how we cope. EMU Counseling Services is there for those times.

The counseling center is located on campus in the Suter House. Call for an appointment at 432-4317.

## Campus Pastor

Kevin Clark is the seminary/MAC community campus pastor. You received a letter from him in the mailing you received this summer. He is available to you for support and you can feel free to contact him directly at 432-4217.

## Parking Permit

Parking permits are \$60 per year. If you plan to drive to school and park on campus you will need to fill out a Vehicle Registration Form online. More information to come!!

If you have a bike it is important for safety reasons to register it with the City of Harrisonburg so that there may be some chance of recovering it should it be stolen.

## The Writing Program

The Writing Program is an easy-access resource for students. Students and faculty work together to develop writing that fosters creativity and effective communication.

For more information  
[www.emu.edu/writing-program/](http://www.emu.edu/writing-program/)

## EMU Health Services

A place to promote wellness, located in University Commons, second level in the Weaver Wellness Suite. Be sure to bring your insurance card and payment for your co-pay. Not sure if you need to be seen? Call the nurse call line at (540) 432-4302.

[www.emu.edu/studentlife/health/](http://www.emu.edu/studentlife/health/)

\*In order to use this service, you must fill out the student health evaluation form\*

## EMU Fitness Center

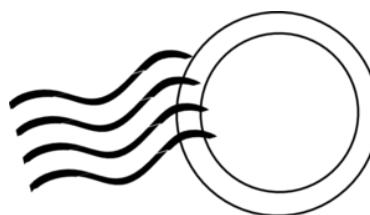
As a fulltime student make sure you take advantage of your free membership (Part-time student rate is \$50/semester). The fitness center offers a wide variety of workout equipment as well as exercise classes and personal trainers. The fitness center is located in the University Commons building. Give them a call at (540) 432-4341.

Monday – Friday: 6:00 am – 7:00 pm

Saturday: 9:00 am – 2:00 pm

Sunday: Closed

\*\*Hours may change during school breaks and holidays\*\*



## Campus Post Office

The campus post office is located on the first floor of the Campus Center and offers a full range of postal services.

They are open Monday - Friday, 9am to 3pm; closed from 12pm-1pm for lunch and for chapel on Wednesdays and Fridays from 10 - 10:30a.m. Have a question?? Give them a call at (540) 432-4253.

## Hartzler Library

The Hartzler Library collaborates with faculty and students in the educational mission of Eastern Mennonite University by building a collection that supports EMU's academic goals, preserving resources for research, providing access to resources, and teaching information literacy. The library offers study rooms located on the 1st floor along with a quiet study area on the 3rd floor. Give them a call at (540) 432-4175.

Visit them at [www.emu.edu/library/](http://www.emu.edu/library/)



## MAC Website

[www.emu.edu/graduate-counseling/](http://www.emu.edu/graduate-counseling/)

All forms are located here under the current students tab.



## Inclement Weather Policy

Because the majority of EMU students live on or very near campus, classes are canceled only for extreme weather conditions. In the event of class cancellation because of weather, announcements will be made over local radio and television stations and posted on EMU's website. Students should use good judgment about whether they can safely drive to campus when there are bad weather conditions in their area and classes are not canceled. Students who miss classes because of weather are expected to contact their instructors as early as possible. Faculty are expected to be flexible about making up absences. All class assignments should be made up within a week of the missed classes unless otherwise arranged with the instructor.

# Department Information



## First Aid Kit

The first aid kit is located upstairs (floor 2) in the kitchen area in the drawer to the right of the stove. Amanda also has a small first aid kit in her office.



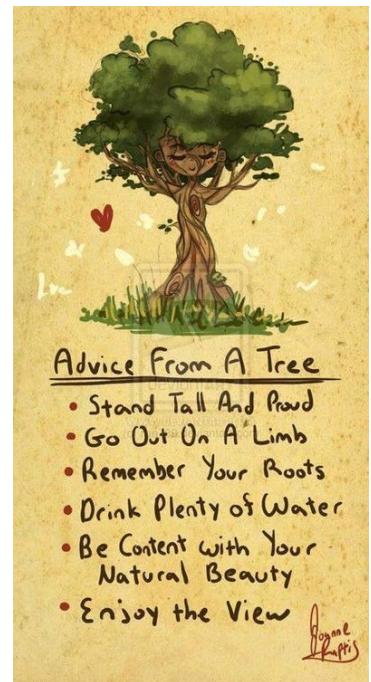
**There is a candy machine located in our lounge area. Money collected from the machine will be used to purchase more candy.**

## Work Counter

Office supplies are located on the counter near the copier. Extra copy paper is stored in the upper cabinets.



We use email regularly to share information and update you. Please check email **frequently** and respond appropriately.



## Contact Us

If you have any questions and/or concerns please do not hesitate to let us know.

**Master of Arts in Counseling**  
1200 Park Road  
Harrisonburg, VA 22802

(540) 432-4243

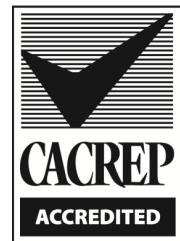
Visit us on the web at  
[www.emu.edu/graduate-counseling/](http://www.emu.edu/graduate-counseling/)

## Important Numbers

EMU Financial Aid Office	(540) 432-4137
EMU Campus Bookstore	(540) 432-4250
EMU Health Services	(540) 432-4308
EMU Business Office	(540) 432-4112



SCHOOL OF GRADUATE & PROFESSIONAL STUDIES



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