

An aerial photograph of the Eastern Michigan University campus during autumn. The image shows various university buildings, parking lots, and sports fields, all surrounded by trees with vibrant orange, yellow, and red foliage. In the background, rolling hills are visible under a sky with scattered clouds. A semi-transparent blue graphic overlay is present on the right side of the image.

Stay Healthy **ROYALS**

Spring 2021 Return Plan



LEAD **TOGETHER**

2020-21 COVID Commitments

At EMU we are committed to community and to each other.

*COVID-19 screening and testing,
CDC and VDH guided behavioral expectations,
an ethic of shared responsibility,
enhanced cleaning protocols,
comprehensive, timely communication*



LEAD **TOGETHER**

BACK-TO-COLLEGE TIPS

Protect Yourself from COVID-19

Watch your distance

Stay at least 6 feet apart from others, when possible



Wash your hands

or use hand sanitizer with at least 60% alcohol



Wear a face cover

in public spaces and common areas



CS 110891 & 07/14/2020

The more **closely** you interact with others and the **longer** that interaction, the **higher** the risk of COVID-19 spread.

DORM

- Avoid sharing items with roommates or others.
- If you do, clean and disinfect before sharing or using.

SHARED BATHROOM

- Avoid placing toothbrushes directly on counter surfaces.
- Use totes for personal items to limit contact with other surfaces in the bathroom.

CLASSROOM

- Enroll in online classes if they fit your educational needs.
- Wipe down your desk with a disinfectant wipe if possible.
- Skip seats or rows to create physical distance between other students.
- Avoid placing your personal items (e.g., cell phone) on your desk.

DINING HALL & MEALS

- Avoid sharing food, drink, utensils or other items with people.
- Pick up grab-and-go options for meals if offered.
- Avoid buffets and self-serve stations.

LAUNDRY ROOM

- Clean and disinfect surfaces that others have touched (e.g., buttons on the washing machine).
- Wash face covers in warmest appropriate water setting for the fabric.



**BEFORE YOU GO OUT,
TAKE THE FOLLOWING:**

- Cloth face cover
- Tissues
- Hand sanitizer
- Disinfection wipes (if possible)

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



STAY HEALTHY ROYALS

If you are sick or think you may have been exposed to coronavirus, call or text the EMU COVID-19 Hotline now.

540-421-3406



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Community Expectations

- Face coverings, that cover the persons' nose and mouth, are required to be worn at all times.
- Wash hands frequently with soap when available or use hand sanitizer, limiting face contact.
- Maintain physical distancing at all times while on campus. This means that all persons should remain at least six feet apart, both inside and outside of buildings.
- In-person gatherings will not exceed 10 persons. Compliance with campus room occupancy expectations. Comply with directional signage in buildings.
- Daily completion of symptom tracking
- Visitors will not be allowed inside buildings on EMU campus. Essential guests with operational or educational responsibility and a need to be on campus will be required to sign in upon every visit.



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Academics and Dining

- Spring semester begins January 18, 2021 with MLK Day of Service and Learning.
- Pause Days to limit Spring Break travel - February 16 and March 11. Spring calendar includes Good Friday break and Reading Day before Final Exams
- Requests for virtual learning? Email Zach Yoder
- Hours in the Caf will be 7:30a to 7:30p starting January 17th
- Meals will be take out in disposable containers. Green-On-The-Go containers available for \$5 deposit.
- Email Bruce Emmerson if you are interested in work through the Caf or the Den.

Spring Athletics

- NCAA and ODAC have testing, practice and travel guidelines so that we can participate and engage in athletic competitions.
- Each sport is assigned a risk category to determine the amount of testing to help ensure safety - high, intermediate and low. Men's and women's basketball players and staff are among the highest risk and will engage in the most precautions.
- Indoor athletics competitions will not include any spectators, but we are planning for ways we can enjoy our outdoors sports in safe ways.

Counseling & Convo

- EMU Counseling Services will continue to see any student who desires support for ongoing mental wellbeing for virtual and in-person appointments.
- Virtual walk-in counseling appointments will be available on Monday, Wednesday, Friday at 1 p.m.
- Wednesdays from 10:15-11:05 a.m. will provide a rotation of Convocation, Campus Worship and Convo Breakout Gatherings.
- All events will be available virtually with some in-person options. Register for convocation points using your EMU email.
- All events the first week of spring semester will be worth TWO POINTS to help you get started!



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CARE Team

Mission: The EMU CARE (Concern, Assessment, Response, Evaluation) Team provides proactive and coordinated support for students in distress and addresses concerns about student behavior, academic progress, and personal issues, including mental health concerns.

A couple reasons to refer a student to the EMU Care Team include:

- The student becomes increasingly isolated, unkempt, irritable or disconnected.
- The student's academic or social performance deteriorates.

Referrals can be made through the Campus Safety & Reporting Form
See more about the CARE Team at emu.edu/studentlife/careteam.



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COVID Symptoms & Testing

- The EMU COVID Hotline continues as your best resource for symptom questions, testing needs or to report a known COVID-positive test. Call or text (540-421-3406) or email covidhotline@emu.edu.
- **Resume your symptom tracker starting January 4, 2021.** This must be completed by 11 a.m. each day.
- **EMU Health Services will provide COVID testing for all students who are symptomatic or exposed throughout the semester.** Two types of nasal swab tests will be used: Rapid Antigen for those who are symptomatic and PCR tests for those who have been exposed or are symptomatic and have had a negative Rapid Antigen test. Health insurance is billed for all tests and visits. If you do not have insurance, there will be no charge for the test itself but there will be a very modest charge for the nurse visit.



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COVID Response

- All students will be supported with health and wellbeing support if COVID positive.
- Please respond to any calls from contact tracers.
- Residential students will be quarantined or isolated in on-campus and off-campus spaces. Based on CDC guidelines, isolation is for 10 days from a positive test. Quarantine is for 10 days to monitor symptoms and prevent transmission. Quarantined students will be tested on day 7 to confirm a negative test.
- We do not anticipate availability of a vaccine for most students, staff or faculty during this semester, but we continue to get updates from the Virginia Department of Health. The vaccine will not be available through EMU Health Services.

Stay Informed...

- **Campus Updates:** Email from campus leaders will continue to be used to inform you of updates regarding campus protocols or schedules
- **COVID Cases:** Notifications about new positive COVID-19 cases are updates daily at <https://emu.edu/coronavirus/>. You may also opt-in to receive an email when new cases are identified. To be added to that email list, email: cmpt_info@emu.edu.
- **Student Activities:** SGA emails will include student events and activities to keep you connected
- **Class Changes:** will be offered from individual faculty through email or Moodle



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Residential Updates

Here are the most important actions we can (continue to) take as we live on campus together:

- Keep learning about signs, symptoms, and treatment options for COVID-19 and applying that learning to how we live and interact together.
- Correctly (no noses hanging out!) wearing a face covering/mask at all times when NOT on hall with household group.
- Maintaining at least 6' of *physical* distance between you and those who are not part of your household group.
- Maintaining *social* connections in all the ways that are still possible.
- Disinfecting surfaces that you can, that others may use after you (bathroom surfaces, lounge furniture, kitchen surfaces)
- Washing your hands thoroughly and regularly.
- Participating in regular self-screening and reporting any symptoms that develop.
- Thinking twice (or more!) about travel outside of Harrisonburg while classes are in session. Self-reporting and following COVID Response staff recommendations regarding safety measures if travel outside of Harrisonburg is necessary.
- Being accountable, and holding others accountable (“hey, shouldn’t you be wearing a mask right now?”) to our expectations of living together.



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Residential Move-In

UPON ARRIVAL TO CAMPUS (at scheduled test/move-in time) ALL EMU RESIDENTIAL STUDENTS* MUST REPORT TO THE UNIVERSITY COMMONS FOR A COVID SCREENING TEST. STUDENTS MUST REPORT TO UC BEFORE ENTERING THEIR CAMPUS HOUSING.

COVID Test Procedure

1. Arrive to campus and immediately proceed by vehicle to the University Commons parking lot. Do NOT go to your campus housing, you may not enter campus housing until tested.
2. At your scheduled appointment time, put on your face covering/mask and report to the Main Entrance of University Commons (doors that face the turf field).
3. Your appointment time will be confirmed by a greeter located at the Main Entrance to UC.
4. Enter Commons and proceed to the Check-In tables in the greeting hall outside of Yoder Arena (pay attention to physical distance as you proceed to check-in).
5. At the Check-In table, you will receive further instructions to enter Yoder Arena and get your COVID test.
6. At one of the testing areas, a medical professional will obtain the nasal swab sample needed for the test.
7. Move to an empty chair located in the waiting area of the testing area.
8. Around 20 minutes after sample has been taken, the Test Reader will call your test number.
9. Go to the Test Reading Table - Test Reader will give you results of your test and further instructions.
10. Proceed according to the instructions of Test Reader - either exit the building and move into your Campus Housing (if negative test) or meet COVID Response Staff for further instructions regarding Contact Tracing and Isolation (if positive test)



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Residential Move-In

Move-In Procedure and Guidelines

- Move belongings back into your room/suite/apartment in as few trips as possible.
- You are not allowed to have any guests assist in moving your things back into your EMU Campus Housing. If you need help, please coordinate that with other members of your household group.
- For buildings with elevators, to minimize contact with others, only one resident should occupy the elevator at any one time UNLESS using the elevator with another member of your Household Group.
- **If you miss your designated COVID screening + move in time OR are more than 10 minutes late for your scheduled test/move-in time, you must call EMU Student Life at 540-432-4135 to reschedule. Please do not show up to campus without receiving approval and confirmation of your plans from Student Life.**



Find All of this information at:
<https://my.emu.edu/ICS/Housing/>



LEAD TOGETHER

Right Now...

- Make sure the COVID Hotline is saved in your phone, **540-421-3406**
 - call or text if you become symptomatic, test positive or are exposed
- Resume your **daily symptom tracker**
- **Quarantine-in-place** until you return
 - avoid crowds and large gatherings
 - mask and distance when in public
 - limit your close contacts
- **Arrange your travel** to campus to ensure COVID safety
 - Who are you traveling with? How can you plan safe stops?
- **Keep being on break** - rest well before semester begins