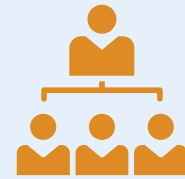


# 10 Ways to Live Restoratively



## 1. TAKE RELATIONSHIPS SERIOUSLY,

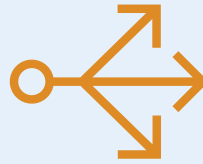
recognizing you are one part of a web of people, institutions and the environment.

## 2. BE AWARE OF THE IMPACT OF YOUR ACTIONS

on others and the world around you.

## 3. TAKE RESPONSIBILITY FOR INJURIES YOU HAVE CAUSED –

acknowledge and try to repair harm.



## 7. TREAT EVERYONE WITH RESPECT,

including those who offend you.

6. Whenever possible, INVOLVE PEOPLE IN DECISIONS THAT AFFECT THEM.

5. View conflicts in your life as OPPORTUNITIES.

## 4. LISTEN TO OTHERS DEEPLY AND COMPASSIONATELY–

try to understand even when you disagree.



## 8. ENGAGE IN DIALOGUE WITH OTHERS EVEN WHEN THAT'S DIFFICULT–

remain open to learning from them.

## 9. BE CAUTIOUS

about imposing your “truths” and views on other people and situations.

## 10. SENSITIVELY CONFRONT EVERYDAY INJUSTICES

such as sexism, racism and classism.

